

# Welcome Defenders of the Earth!

## PARENTAL SUGGESTIONS

**In an effort to organize our program so that our children enjoy their experience and remain safe, we would appreciate you reviewing and adhering to the following suggestions:**

- Send sunscreen to camp with your child. Many of our activities will be outdoors. A hat is also a good idea (labeled with his/her name).
- Dress appropriately:
  - If it is a chilly day, provide a sweater (or similar clothing).
  - Wear clothing that can get dirty and shoes that can get wet.
  - Students are encouraged to wear outside clothes. We will be outdoors often and you never know when a “teachable moment” will have us on the forest floor!
  - We will be hiking and running during camp, be sure to have your child wear or bring closed-toe shoes (sneaker, boots etc.) and socks every day. **No flip-flops please.**
- Please send your child with a LABELED, reusable water bottle
- Please provide us with a written notification of any allergies that your child has or special circumstances that we should be aware of.
- If any contact information for the parent or guardian changes please provide us with this as soon as you can.
- **Please return photo waiver and camper survey on the first day of camp –along with other items requested in this informational packet.**

*If you have any questions, feel free to contact Sarah Alessio Shea at the PA Resources Council at 412.431.4449 ext. 236 or via email at [saraha@ccicenter.org](mailto:saraha@ccicenter.org)*